### Introducing Expedite™ Cup

A 2-ounce gelatin packed with 10 grams of protein and targeted wound-healing ingredients, perfect for patients with dysphagia or those who need a smaller portion.



45 calories

10 grams protein

Sugar-free

2-ounce gelatin cup

Once daily dosing

IDDSI Level 4 for dysphagia

Item 18803 Tropical Fruit

A gelatin wound supplement with a powerful combination of collagen dipeptides and L-citrulline to support wound healing by stimulating fibroblasts and steady arginine production.

- wound-specific dipeptides
- clear liquid diet
- sugar-free
- dysphagia

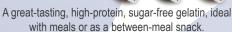
#### **Gelatein**



80-90 calories
20 grams protein
Sugar-free
IDDSI Level 4 for dysphagia
4-ounce gelatin cup
Good for clear liquid diets
Item 11691 Orange
Item 11692 Lime
Item 11693 Fruit Punch
Item 11681 Grape







oclear liquid diet

sugar-freedysphagia

#### **Gelatein MCT**



260 calories
20 grams protein
IDDSI Level Afor dysphagia
4-ounce gelatin cup
Medium chain triglycerides
Item 11715 Peach Mango

A high-protein gelatin made with MCT oil to provide additional energy and protein that is easy to consume and digest.

dysphagia

#### **Gelatein Plus**



160 calories
20 grams protein
IDDSI Level / for dysphagia
4-ounce gelatin cup
Good for clear liquid diets
Item 11701 Cherry
Item 11703 Lemon
Item 11705 Pineapple



A great-tasting, high-protein, sugar-free gelatin, ideal with meals or as a between-meal snack.

clear liquid diet

dysphagia



# Expedite Cup contains a highly concentrated blend of the collagen dipeptides prolyl-hydroxyproline (PO) and hydroxyprolyl glycine (OG) to fuel collagen production.

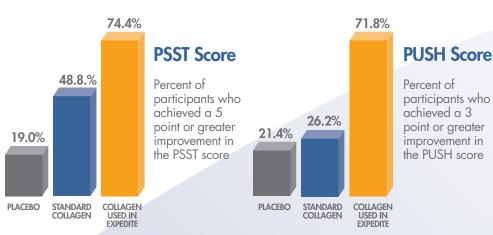
- **STEP 1: CONSUMPTION**—The 2-fluid-ounce portion is manageable for both patients and caregivers in a choice of liquid or gelatin.
- **STEP 2: ABSORPTION**—Expedite is readily absorbed in the gut to reach the wound site. PO and OG can circulate in the bloodstream for more than 4 hours post-ingestion.
- **STEP 3: DISTRIBUTION**—Expedite reaches the wound site with 30 times the PO and OG content when compared to standard collagen supplements.
- **STEP 4: PROLIFERATION**—PO and OG accumulate in the skin where they stimulate fibroblasts to produce dermal extracellular matrix components. Expedite directly affects the proliferative stage of wound healing by stimulating receptors in fibroblasts to produce new collagen.

**PLUS L-citrulline** to stimulate nitric oxide production.

L-citrulline is the more efficient and more powerful way to stimulate nitric oxide production when compared to supplemental arginine.

## Expedite is shown to work

A 2018 16-week double blind multi-center trial with 112 participants showed improvement in wound healing.



Published results from a randomized double-blind, placebo controlled clinical study. 1

#### **ORDERING INFORMATION:**

Item Number 18803 Tropical Fruit Expedite 36/2-fl-oz cups

More than nutrition, Medtrition®

For more information visit www.ExpediteHealing.com

Not a sole source of nutrition.

Not for parenteral use. USE UNDER MEDICAL SUPERVISION.

Gluten free and lactose free.

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